# STUDENT ASSISTANCE SERVICES CORPORATION Project SUCCESS Training 660 White Plains Road - Tarrytown, NY 12533 August 7, 8 & 9, 2017

#### DAY 1: 8:00am to 4:00pm

# Introductions, Overview of Schedule/Manuals, History and Philosophy of Program Beginning the Program in the Schools

- Developing relations with school personnel
- Outreach to students and faculty
- Meeting the community, community coalitions, parents, school committees
  Networking with appropriate agencies & groups
- INetworking with appropriate agencies & groups

# Universal Non-Counseling Prevention and Education Activities

- Special Days, Weeks, Months (The Great American Smokeout, National COA Week, Red Ribbon Campaign, etc.)
- Leadership Activities (SADD, VAASA)
- Newcomer Groups

# **Prevention Education Series**

- Goals, Logistics, Content
- Role Play
- Implementation Check List

# DAY 2: 8:00am to 4:00pm

# Assessing and Motivating Students

- Conducting a Comprehensive Individual Assessment
- Different Strategies for Children of Substance Abusing Parents (COSAPs)
- Criteria for In-patient/out-patient referral
- Strategies for facilitating successful referrals
- Motivating Substance Abusers and COSAPs

# Group Theory as it Applies to Program Groups

- Prevention Groups: Assessment & Education; Seniors; Non-Users; Sibling
- Intervention Groups: Abusers; Parents, Peers, Partying; Recovering students

# Parent involvement

Intervention and Self Help

# DAY 3: 8:00am to 4:00pm

# Children of Alcoholics and Other Substance Abusing Parents (COSAPs)

- Characteristics
- Service Options
- Identification, Assessment, Engagement
- Groups for COSAPS; using Alateen
- When Parents Become Abstinent

# Program Modifications and Program Fidelity Program Management Techniques

• Data Collection Logs, Monthly reporting forms, Evaluation **Questions and Wrap-up**